

Shower or bathe with your PICC

Improve your quality of life. Our waterproof PICC cover offers an airtight latex-free PICC protector that keeps the PICC site completely dry whether you are in the shower or at the beach. Our PICC cover helps keep bacteria and other contaminants away from the vein in which the PICC is inserted.

The PICC cover is available in the following sizes: XS, S, M, L, XL



PICC Cover Size Chart

PICC Protector	Model #	Biceps Circumference	Forearm Circumference
X-Small	PC-11	6-9 in	5-8 in
Small	PC-13	8-11 in	6-9 in
Medium	PC-15	11-13 in	7-10 in
Large	PC-17	13 in	8 in
X-Large	PC-19	14 in & up	9 in & up

Safe, high-quality, easy to use PICC protector.



Patient Information



What is a PICC?

A PICC (Peripherally Inserted Central Catheter) provides a reliable intravenous access especially for patients who need medium- to long-term therapy (5 days or longer). It is also the preferred solution when patients' veins are hard to find for IVs and/or lab draws.

PICCs are placed at the bedside in hospitals or in extended care facilities. In adults, PICCs are inserted in one of the veins in the upper part of the arm. The catheter tip is then advanced until it is in the lower part of the superior vena cava – just above the heart. After the PICC has been placed, an X-Ray is ordered to ensure that your PICC is in the perfect place before it is used.

PICCs protect your veins from harsh medications, eliminate the many needle sticks needed for IVs and/or lab draws and give you a reliable intravenous access.

Sterile environment for PICC insertion

During PICC insertions, PICC providers wear the following to protect you from germs and prevent infection:

- Sterile gown
- Sterile gloves
- Hair covering
- Facemask

PICC providers also use sterile drapes. It is very important not to touch these during the insertion process.



Commonly asked questions

Does it hurt when a PICC is inserted?

Many patients have reported that a PICC insertion hurts less than an IV start. For others the pain level is equivalent to that of an IV start.

Does it hurt when a PICC is taken out?

No. You will feel the bandage being removed. Most patients state they didn't even feel the PICC come out.

Can I take a shower or swim with a PICC line?

The bandage needs to be kept dry. Please see the back of this brochure for purchase of an appropriate cover that will allow you to perform your daily routine with more ease.

How long do I need to have a PICC?

This will be determined by you and your doctor.

Are there any risks involved?

As with everything in life, there are risks. Our goal is to provide you with the least invasive type of vascular access line that will last for the duration of your therapy. If a PICC is ordered for you, our PICC nurses will talk with you about this in more detail.

How can a PICC be placed when everyone has such a difficult time starting IVs in me and drawing my blood?

Our PICC nurses use state-of-the-art technology. An ultrasound machine allows them to see the veins inside of your body on a computer screen. This makes the PICC insertion much easier.

Home care instructions

What do I need to do to take care of my PICC?

- Keep the PICC site clean and dry
- Wash your hands before using or caring for your PICC
- After each treatment, or once a week, flush your PICC with saline
- To prevent rupture during flushing, only use >10ml syringes
- Never use force when flushing a PICC
- Check the exit site daily for redness, swelling, pain, bleeding or drainage. If any of these symptoms are present, call your doctor or nurse right away.

Should someone else besides me learn how to care for my PICC?

Yes, it is important to have a family member or friend trained in taking care for your PICC

What if my dressing gets soiled or wet?

The dressing should be changed as soon as possible. This will prevent your PICC from getting infected or falling out. Have the nurse or trained family member change the dressing.

What if my PICC develops a leak?

If your PICC gets damaged, call your nurse or doctor right away to have it checked, repaired, and/or replaced as soon as possible.

Testimonials

"Patients enjoy getting a PICC line and prefer one over getting stuck by a nurse 5 or 6 times, It's much more pleasant for the nurses and the patients to have a PICC. It decreases patient discomfort and increases their satisfaction."

Marcelle N. RN, Charge Nurse Medical Surgical department, San Benito County

"I had a PICC line inserted and going into it, I was nervous. As the procedure began, I realized there was nothing to worry about. The nurse doing the procedure was awesome. Thank you."

Patient, Santa Clara Facility